

- 1 Event Name:
The 35th Sanda International Masters Marathon
(Crown sponsor: TOYOTA COROLLA KOBE)

- 2 Organizers:
Sanda International Masters Marathon Organizing Committee,
Sanda Athletics Association, Sanda City and Hyogo Masters
Athletics Federations

- 3 Managing Organizer:
Sanda Athletics Association

- 4 Special Supporting Organizations:
The Yomiuri Shimbun, Yomiuri Telecasting Corporation, and the
Hochi Shimbun

- 5 Supporting organizations:
Hyogo Prefecture, Sanda Board of Education, Sanda Sports
Association, and Sanda International Association

- 6 Special sponsor: Adjusting

- 7 Date: Sunday, December 17, 2023

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| 7:30 a.m. | Open |
| 9:30 a.m. | Opening Ceremony |
| 10:20 a.m. | Notice |
| 10:30 a.m. | Start of Half Marathon |
| 10:45 a.m. | Start of Fun Run |

- 8 Course:
 - (1) Half Marathon: Sanda half marathon course(21.0975km)
※The event is not an official competition under the Japan
Association of Athletics Federations.
 - (2) Fun Run: 2km course, the halfway point is Sanda City Fire
Department (Start/Finish place is the same as Half
Marathon)

9 Classes:

(1) Half Marathon [Runners are to register their age on the event day (Dec. 18).]

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|--------------------------------|----------------------------------|
| Men 70 years old (≥ 70) | Women 65 years old (≥ 65) |
| Men 65 years old (65 - 69) | Women 60 years old (60 - 64) |
| Men 60 years old (60 - 64) | Women 55 years old (55 - 59) |
| Men 55 years old (55 - 59) | Women 50 years old (50 - 54) |
| Men 50 years old (50 - 54) | Women 45 years old (45 - 49) |
| Men 45 years old (45 - 49) | Women 40 years old (40 - 44) |
| Men 40 years old (40 - 44) | Women 35 years old (35 - 39) |
| Men 35 years old (35 - 39) | Women 30 years old (30 - 34) |
| Young Men (18 - 34) | Young Women (18 - 29) |

※In accordance with the spirit of the Masters Marathon, Men/Women of 34/29 years old or lower are defined as “Young”.

(2) Fun Run [All men and women aged six (elementary school students) and above.]

10 Maximum Number of Participants

(1) Half Marathon: 5,000 (including medical runners)

(2) Fun Run: 500

1 1 Time Limit

(1) Half Marathon: 2 hours and 30 minutes

The first checkpoint (13.7km point) must be passed within 1 hour and 40 minutes.

The second checkpoint (18.6km point) must be passed within 2 hours and 10 minutes.

(2) Fun Run: 30 minutes

※The time limit will be based on the starting pistol.

1 2 Event Fee

(1) Half Marathon: 5,500 yen per person

(5,000 yen for registrants of Masters Athletics Federation)

- (2) Fun Run: 1,000 yen per person
- 13 Eligibility:
- (1) Half Marathon: Men and women aged 18 years old and above on the day of the event (Entry of high school students is not permitted.)
- (2) Fun Run: Men and women from elementary school age and Above. Elementary school students must be accompanied by their parents until they start.
- ※Participants are required to be in good health and capable of completing the race.
- 14 Rules:
- The race will be conducted in compliance with the rules of the Japan Association of Athletics Federations (FY 2023) and the current tournament.
- 15 Entry Procedure:
- Entry start: Saturday, July 15, 2023
- Online application deadline: Monday, October 9, 2023
→Sunday, October 22, 2023
- Postal transfer deadline: Friday, September 29, 2023
- ※Recruitment closed.
- 16 Start:
- (1) Half Marathon: The starting block will be designated based On the declared time in the application form, regardless of your registration with JAAF (Japan Association of Athletics Federations)
- (2) Fun Run: Runners will be required to line up in numerical order of bib number.
- 17 Award:
- (1) Half Marathon: The top 3 (1 – 3) from each class will be honored on stage at the venue.
Certificates of commendation will be issued for the top 6.
The top 10 from each class will be posted on the venue

bulletin board.

- (2) Half Marathon: For Sanda citizen runners, overall top will be honored (man and woman)
- (3) Certificates of completion for the half-marathon and fun runner will become available on the event website.

18 Participation Prize:

- (1) Half Marathon: local specialty and 2WAY bag
- (2) Fun Run: a sport towel

19 Guide Runner:

- (1) Half Marathon: Participants unable to run without support are allowed to run with one guide runner per person.
- (2) Fun Run: Only first to third grade elementary school children or wheelchair runners who need support are permitted to run with guide runners.

20 Guest Runner:

Kobayashi Yuriko (Former women's 1,500m Japan record holder)

21 Others:

- ① Post-entry cancellation and refund of entry fee will not be permitted.
- ② Runners who fail to abide by event rules will be disqualified And may be banned from future participation.
- ③ Participants are responsible for their own health management.
- ④ The organizer will not be responsible for any accident, sickness, or loss of personal belongings during the event, beyond providing emergency first-aid relief.
- ⑤ Medical runners will attend the race.